# hungry tummies

We are calling on all local companies to help us feed little children in our poorest communities.



You can use your company's CSI money to fill hungry tummies with nutritious, leafy greens & lift someone out of poverty permanently – Read on...

### **Horrifying Statistics in South Africa:**

13.8 million South Africans go hungry every day.

4 million households face starvation.

Malnutrition contributes to 64% of all deaths in children under the age of five.

Every year about  $75\,000$  children die from hunger related health problems.

One in five children are stunted (or low height-for-age) which indicates an ongoing failure to thrive.

We think these statistics are totally unacceptable, so we decided to do something about it.



We need you to help us stop our nation's poorest children from starving to death and suffering from awful hunger.

Every child has a constitutional right to basic nutrition.

(Bill of Rights: SA Constitution)





## Why leafy greens are so <u>essential</u> for kiddies:

**Leafy greens** are full of vitamins and minerals, so little bodies can prevent disease and stay healthy.

**Leafy greens** are essential for brain development and memory, so kids can do well at school.

**Leafy greens** help children sleep better, so they can stay awake and concentrate in class.

**Leafy greens** give kids healthy lungs, so they can run and play all day long.

Most poor children live on bread, pap and rice.
They need leafy greens desperately!

## **EVERY** chic deserves leafy greens

....& we have a sustainable solution:..



We have successfully established largescale, agricultural cooperatives in local townships where we grow fresh, organic leafy greens to supply local crèches that feed little children, and the surrounding community.

Now you can get involved





We connect you to a grower and a crèche.

Every bunch of leafy greens you buy for your sponsored crèche provides your grower with financial security.

So, your CSI money addresses food security AND poverty alleviation.

And, your social investment is measurable because you know exactly how many bunches you buy each month.





## Why we MUST end child hunger

A five-year study by the University of Cape Town's African Food Security Unit Network has exposed a food crisis that constitutes a "death sentence" for many and which the government has labelled as "extremely serious".

Malnourishment in young children leads to mental and emotional retardation.

Children who suffer from malnutrition are also prone to more infections, such as TB, gastroenteritis and diarrhoea, causing children to become dehydrated and die.

Malnutrition also prevents toddlers' immune systems from coping with illnesses that healthy children their age can survive.

By the time a child reached the age of two, proper nutrition was essential for the brain to grow correctly and to develop healthy bones and organs. Without them, malnourished toddlers live with irreversible problems.

#### We really need your support

Join our Campaign today.

Contact:
Peter & Mandy
Shrimpton

073-420 4161 peter@heartcapital.co.za

mandy@heartcapital.co.za 082 - 807 9165

www.heartcapital.co.za

Registration Number: IT1096/2010.
NPO Number: 105 333

